





"¡A la Buena Salud! – To Good Health!"
CDC's Vital Signs report on Hispanic health is out.

The Centers for Disease Control and Prevention (CDC) yesterday released its first national study on the major health topics affecting Latinos in the U.S., including leading causes of death, disease prevalence, risk factors and access to health services.



Differences in selected
 CHRONIC DISEASE BURDEN for
 Non-Hispanic Whites vs. Hispanics

	Non-Hispanic Whites	Hispanics
Heart Disease	8%	5%
Cancer	4%	2%
High Blood Pressure	20%	17%
Poorly controlled High Blood Pressure	54%	68%





SOURCES: National Health Interview Survey, 2009-2013; National Health and Nutrition Examination Survey, 2009-2012.

Differences in the **10** leading causes of death,
 NON-HISPANIC WHITES vs. HISPANICS

Non-Hispanic Whites	Hispanics
1 Heart Disease	1 Cancer
2 Cancer	2 Heart Disease
3 Chronic Lower Respiratory Diseases	3 Unintentional Injuries
4 Unintentional Injuries	4 Stroke
5 Stroke	5 Diabetes
6 Alzheimer's Disease	6 Chronic Liver Disease & cirrhosis
7 Diabetes	7 Chronic Lower Respiratory Diseases
8 Influenza & Pneumonia	8 Alzheimer's Disease
9 Suicide	9 Influenza & Pneumonia
10 Kidney Diseases*	10 Kidney Diseases*

* Causes of death among Hispanic Whites, Puerto Ricans, and Blacks

SOURCES: Vital Statistics Cooperative Program, Mortality Data Files, 2013.

www.cdc.gov/vitalsigns/hispanic-health

Vital Signs Infographic: data breakdown for certain chronic diseases and ranking of leading causes of death for Hispanic versus non-Hispanic Whites.

Looking for more information? Check out the [FULL REPORT](#) online!

Copyright © 2015 Hispanic-Serving Health Professions Schools, All rights reserved.
You are receiving this newsletter because you have signed up to receive updates on HSHPS

Our mailing address is:

Hispanic-Serving Health Professions Schools
2639 Connecticut Ave., NW
Suite #203
Washington, DC 20008

[Add us to your address book](#)

[unsubscribe from this list](#) [update subscription preferences](#)